## Uplitted Hands



read through the prayers of the Bible in one year.

from Sit Still my Daughter



Jan 1	Gen 15:1-6
Jan 2	Gen 17:18
Jan 3	Gen 18:16-26
Jan 4	Gen 18:27-33
Jan 5	- Gen 20:9-18
	Gen 24:12-14
	. Gen 25-21

Jan 8...... Gen 25:22-23

Jan	9	Gen	28:20-22
Jan	10	Gen	32:9-12
Jan	11	Gen	48:15-16
Jan	12	Exo	2:23-25

Jan 13	Exo 3:1-8
Jan 14	Exo 3:9-12
Jan 15	Exo 3:13-14
Jan 16	Exo 3:15-22

	Jan 17	Exo 4:1-9
SIL	Jan 18	Exo 4:10-17
	Jan 19	Exo 5:22-23
	Jan 20	Exo 6:10-13
	Jan 21	Exo 6:30, 7:1-3
	Jan 22	Exo 8:12-13
	Jan 23	Exo 8:29-31
	Jan 24	

Jan 26	Exo	15:7-9
Jan 27	Exo	15:10-12

Jan 25 ..... Exo 15:4-6

Jan	28	 Exo	15:13-15
Jan	29.	 Exo	15:16-19
Jan	30	 Exo	15:23-25
Jan	31.	 Exo	17:4-5



Feb 1 ...... Exo 32:11-14
Feb 2 ...... Exo 32:31-32
Feb 3 ...... Exo 33:12-13, 18
Feb 4 ...... Exo 34:8-9
Feb 5 ...... Num 10:35-36
Feb 6 ...... Num 11:10-15
Feb 7 ...... Num 11:21-23
Feb 8 ...... Num 12:13
Feb 9 ...... Num 14:13-19
Feb 10 ..... Num 16:15
Feb 11 ..... Num 21:6-7
Feb 13 ..... Num 22:34-35
Feb 14 ..... Num 27:15-17
Feb 15 ..... Deut 3:23-25



Feb 17...... Deut 9:26-29
Feb 18..... Josh 5:13-15
Feb 19..... Josh 7:6-9
Feb 20.... Josh 10:12-15
Feb 21..... Judges 1:1
Feb 23..... Judges 6:36-40
Feb 24..... Judges 10:10
Feb 25..... Judges 11:30-31
Feb 26..... Judges 13:8
Feb 27..... Judges 16:28-30
Feb 28..... Judges 20:23, 27-28
Feb 29..... Judges 21:2-3

Feb 16..... Deut 9:18-21





Mar I ...... Sam 1:10-11 Mar 2...... Sam 2:1-5 Mar 3 ..... 1 Sam 2:6-10 Mar 4.....1 Sam 7:4-9 Mar 5...... Sam 8:6-9 Mar 6...... J Sam 8:21-22 Mar 7...... Sam 10:21-23 Mar 8...... Sam 12:15-25 Mar 9...... J Sam 14:37 Mar 10 .... J Sam 15:10-12 Mar II...... Sam 16:1-3 Mar 12 ..... I Sam 17:45-47 Mar 13 ..... 1 Sam 23:2, 10-12 Mar 14..... 1 Sam 25:39 Mar 15..... Sam 28:5-6 Mar 16..... Sam 30:8 Mar 17.....2 Sam 2:1

Mar 18 ..... 2 Sam 5:19-23 Mar 19 ..... 2 Sam 7:18-21 Mar 20..... 2 Sam 7:22-24 Mar 21..... 2 Sam 7:25-29 Mar 22..... 2 Sam 12:16 Mar 23..... 2 Sam 15:30-31 Mar 24.... 2 Sam 21:1 Mar 25..... 2 Sam 22:1-4 Mar 26..... 2 Sam 22:1-4 Mar 27..... 2 Sam 22:12-16 Mar 28..... 2 Sam 22:17-20 Mar 29..... 2 Sam 22:21-25 Mar 30.... 2 Sam 22:26-29 Mar 31..... 2 Sam 22:30-32



April 1 ..... 2 Sam 22:33-37 April 2..... 2 Sam 22:38-41 April 3 .... 2 Sam 22:42-46

April 4 .... 2 Sam 22:47-49

April 5.....2.Sam 22:50-51

April 6.....2 Sam 23:13-17

April 7.....2 Sam 24:10

April 8....1.Kings 3:6-9

April 9.....1.Kings 8:22-26

April 10 ... 1 Kings 8:27-30

April 11.....1 Kings 8:31-34

April 12....1 Kings 8:35-40

April 13.... 1 Kings 8:41-45

April 14....1 Kings 8:46-50

April 15.... I Kings 8:51-54



April 17..... I Kings 17:20-21

April 18..... 1 Kings 18:36-38

April 19 ..... 1 Kings 18:36-38

April 20..... Kings 19:3-4

April 21.....2 Kings 2:14

April 22....2 Kings 4:33

April 23.....2 Kings 6:17

April 24.....2 Kings 19:14-19

April 25 ..... 2 Kings 20:3

April 26.....1 Chron 4:10

April 27..... 1 Chron 5:20

April 28.....I Chron 21:17, 26-28

April 29..... 1 Chron 29:10-19

April 30....2 Chron 14:11







May 1 ..... 2 Chron 20:6-12

May 2.....2 Chron 30:23-27

May 3 ..... 2 Chron 33:11-13, 18-19

May 4 ..... Ezra 7:27-28

May 5..... Ezra 8:21-23

May 6..... Ezra 9:5-7

May 7..... Ezra 9:8-II

May 8..... Ezra 9:12-15

May 9..... Nehemiah 1:5-11

May 10 .... Nehemiah 2:4

May II..... Nehemiah 4:1-6,9

May 12..... Nehemiah 6:9, 14

May 13 ..... Nehemiah 9:5-9

May 14....Nehemiah 9:10-15

May 15 ..... Nehemiah 9:16-21

May 16 ..... Nehemiah 9:22-25

May 17..... Nehemiah 9:26-29

May 18..... Nehemiah 9:30-35

May 19...... Nehemiah 9:36-38

May 20.....Nehemiah 13:14,22,29

May 21..... Job 1:20-22

May 22.....Job 7:17-21

May 23..... Job 10:1-6

May 24.....Job 10:7-10

May 25 ..... Job 10:11-16

May 26..... Job 10:17-22

May 27..... Job 14:13-15

May 28..... Job 14:16-22

May 29.....Job 23:3-5

May 30.....Job 40:3-5

May 31..... Job 42:1-6



Reading the Bible through it's prayers



June 1 ..... Psalm 3

June 2.....Psalm 4

June 3.....Psalm 5:1-6

June 4.....Psalm 5:7-12

June 5 ..... Psalm 6:1-5

June 6..... Psalm 6:6-10

June 7..... Psalm 7:1-6

June 8 ..... Psalm 7:7-12

June 9..... Psalm 7:13-17

June 10....Psalm 12

June II .....Psalm 13

June 12 .... Psalm 15

June 13.....Psalm 16:1-5

June 14....Psalm 16:6-11

June 15.....Psalm 17:1-7

June 16.....Psalm 17:8-15

June 17......Psalm 18:1-6

June 18......Psalm 22:1-5

June 19 ......Psalm 22:6-11

June 20.....Psalm 22:12-22

June 21..... Psalm 22:23-27

June 22..... Psalm 22:28-31

June 23..... Psalm 25:1-7

June 24.....Psalm 26:1-5

June 25.... Psalm 26:6-12

June 26.... Psalm 27:7-10

June 27.... Psalm 28:1-5

June 28.....Psalm 28:6-9

June 29.....Psalm 30:1-3

June 30.....Psalm 30:7-12

July 1 ..... Psalm 31:1-5
July 2 ..... Psalm 31:6-10
July 3 ..... Psalm 32:5-7
July 4 ..... Psalm 34:6
July 5 ..... Psalm 34:17
July 6 ..... Psalm 35:1-4
July 7 .... Psalm 35:22-24

July 2..... Psalm 31:6-10
July 3..... Psalm 32:5-7
July 4 ..... Psalm 34:6
July 5 ..... Psalm 34:17
July 6..... Psalm 35:1-4
July 7..... Psalm 35:22-24
July 8 ..... Psalm 38:1-11
July 9 ..... Psalm 38:12-17
July 10.... Psalm 38:18-22
July 11..... Psalm 39:1-5
July 12.... Psalm 39:6-8
July 13.... Psalm 39:9-13
July 14.... Psalm 41:10-13
July 15.... Psalm 43

July 16..... Psalm 51:1-6 July 17..... Psalm 51:7-13 July 18..... Psalm 51:14-19 July 19 ..... Psalm 54 July 20.... Psalm 55:1-8 July 21 .....Psalm 55:9-16 July 22.....Psalm 55:17-23 July 23.....Psalm 56:1-5 July 24....Psalm 56:6-13 July 25.....Psalm 57:1-5 July 26.....Psalm 57:6-11 July 27.....Psalm 59:1-7 July 28.....Psalm 59:8-17 July 29 .... Psalm 60:1 July 30 .... Psalm 61:1-4 July 31 ..... Psalm 61:5-8



Aug 1 ..... Psalm 64:1-7

Aug 2..... Psalm 67:1

Aug 3..... Psalm 69:1-4

Aug 4..... Psalm 69:5-8

Aug 5..... Psalm 69:13-15

Aug 6..... Psalm 69:16-19

Aug 7...... Psalm 69:29-36

Aug 8......Psalm 70

Aug 9......Psalm 71:1-3

Aug 10.....Psalm 71:4-6

Aug 11..... Psalm 71:7-9

Aug 12.... Psalm 71:10-12

Aug 13.... Psalm 71:13-15

Aug 14.... Psalm 71:16-18

Aug 15.... Psalm 71:19-21





Aug 17.....Psalm 74:1-9

Aug 18.....Psalm 74:10-17

Aug 19.....Psalm 74:18-23

Aug 20....Psalm 77:1-6

Aug 21.....Psaim 79:8-9

Aug 22.....Psalm 80:1-3

Aug 23.....Psalm 83:1-9

Aug 24....Psalm 84:8-12

Aug 25.... Psalm 86:1-5

Aug 26.... Psalm 86:6-10

Aug 27.... Psalm 88:1-3

Aug 28.... Psalm 90:1-7

Aug 29.... Psaim 90:8-11

Aug 30....Psalm 90:12-17

Aug 31..... Psalm 102:1-8











Sept 1 ..... Psalm 102:12-17

Sept 2.....Psalm 109:1-5

Sept 3.....Psalm 109:6-12

Sept 4.....Psalm 109:13-18

Sept 5..... Psalm 109:19-24

Sept 6.....Psalm 109:25-31

Sept 7..... Psalm 120

Sept 8.....Psalm 130

Sept 9 ..... Psalm 141:1-2,8-10

Sept 10... Psalm 142

Sept II.....Psalm 143:1-6

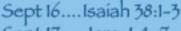
Sept 12....Psalm 143:7-12

Sept 13.....Proverbs 30:5-9

Sept 14....Isaiah 6:5-8

Sept 15.... Isaiah 37:15-20





Sept 20...Jere. 12:1-6

Sept 21....Jere. 14:1-10

Sept 22...Jere. 14:20-22

Sept 23...Jere. 32:16-25

Sept24...Ezek. 9:4-9

Sept 25... Ezek. 11:13-16

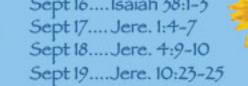
Sept 26...Daniel 2:17-23

Sept 27...Daniel 4:34-37

Sept 28...Daniel 6:1-11

Sept 29...Daniel 9:3-6

Sept 30... Daniel 9:7-10















Oct 1 ......Danie 9:11-15

Oct 2..... Daniel 9:16-19

Oct 3..... Daniel 9:20-23

Oct 4..... Daniel 12:8-9

Oct 5 .... Amos 7:2-5

Oct 6 ..... Jonah 1:14

Oct 7..... Jonah 2:1-9

Oct 8 ..... Jonah 3:5-10

Oct 9.... Jonah 4:2-3

Oct 10... Habakkuk 1:1-5

Oct 11..... Habakkuk 1:12-17

Oct 12..... Habakkuk 3:1-5

Oct 13..... Habakkuk 3:6-11

Oct 14..... Habakkuk 3:12-16

Oct 15..... Habakkuk 3:17-19

Oct 16.... Matt. 6:6-9

Oct 17.... Matt. 8:2

Oct 18.... Matt. 8:6-9

Oct 19 .... Matt. 8:13

Oct 20... Matt. 8:25

Oct 21.... Matt 8:29-31

Oct 22... Matt. 9:18

Oct 23... Matt. 9:21-22

Oct 24... Matt. 9:27-31

Oct 25... Matt. II:25-27

Oct 26... Matt. 14:28-32

Oct 27... Matt. 15:22-27

Oct 28... Matt. 17:15-16

Oct 29... Matt. 20:20-23

Oct 30... Matt. 20:29-34

Oct 31.... Matt. 26:39



Nov 1 ...... Matt 26:42-44

Nov 2..... Matt 27:46

Nov 3..... Mark 1:23-24

Nov 4..... Mark 7:34

Nov 5..... Mark 14:35-41

Nov 6..... Mark 15:34

Nov 7..... Luke 1:10-13

Nov 8..... Luke 1:14-20

Nov 9..... Luke 1:30-35

Nov 10.... Luke 1:46-49

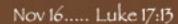
Nov II.... Luke 1:50-55

Nov 12..... Luke 2:29-32

Nov 13..... Luke 6:12-13

Nov 14....Luke 11:1-4

Nov 15.... Luke 16:24-31



Nov 17..... Luke 18:11-13

Nov 18.... Luke 22:39-45

Nov 19..... Luke 23:34

Nov 20....Luke 23:46

Nov 21.... John 4:49

Nov 22.... John 6:34

Nov 23.... John 11:41-43

Nov 24... John 12:27-28

Nov 25... John 17:1-3

Nov 26.....John 17:4-6

Nov 27.... John 17: 7-10

Nov 28.... John 17:11-13

Nov 29.... John 17:14-17

Nov 30....John 17:18-21







Dec 1 ...... Acts 3:6

Dec 2..... Acts 4:23-26

Dec 3..... Acts 4:27-31

Dec 4..... Acts 6:1-6

Dec 5..... Acts 7:59-60

Dec 6..... Acts 8:15

Dec 7..... Acts 9:5-6

Dec 8 ..... Acts 9:40

Dec 9..... Acts 10:2

Dec 10.... Acts 10:9-20

Dec 11..... Acts 12:5

Dec 12.....Acts 13:1-3

Dec 13.....Acts 16:25

Dec 14.... Acts 20:32

Dec 15.... Acts 21:5

Dec 16.....Acts 28:8

Dec 17.....Rom 10:1





Dec 19.....Eph 1:17-23

Dec 20....Eph 3:14-19

Dec 21.... Col 1:9-14

Dec 23....Heb 13:20-21



